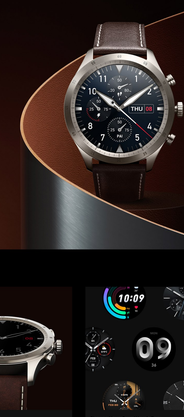
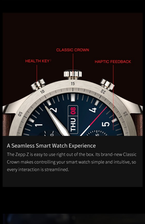
ZEPP Z

A BRAND NEW ICON

Classic Look | Digital Health Management | Sport Companion
15-day Battery Life | Intelligent Interaction

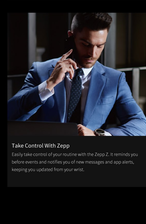
ZEPP.COM





Timeless Design with Refined Quality
The Zepp Z case is a single piece of polished titanium alloy. The watch itself seamlessly combines traditional craftsmanship with future-focused technological innovation, bringing together modern and classic appeal.

A Display That Never Rests
The AMOLED display is always-on: every time you raise your wrist, the screen "wakes up". The 326 ppi display reproduces a 100% NTSC wide color spectrum, resulting in an extraordinary level of detail.



Choose Your Own Watch Face
The Zepp Z watch face is truly yours, offering over 50 watch faces to suit your mood, an outfit or the occasion. You can even upload your own photos for a more personalized experience.

A Seamless Smart Watch Experience
The Zepp Z is easy to use right out of the box, its brand-new Classic Crown makes controlling your smart watch simple and intuitive, so every interaction is streamlined.

Over Two Weeks of Battery Life
It's by 15-day battery life with typical usage, or over 30 days* with basic usage, meaning you won't have to always carry the advanced magnetic wireless charger with you.

Take Control With Zepp
Easily take control of your routine with the Zepp Z. It reminds you before events and notifies you of new messages and app alerts, keeping you updated from your wrist.

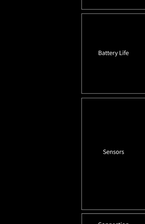
Heart Rate Monitoring[5]
All-day monitoring and elevated heart rate warnings.

Stress Level Monitoring
Monitors stress levels and helps you understand when to relax.

Sleep Quality Monitoring
Monitors sleep status and provides overall sleep quality and breathing scores.

SpO_2 Level Measurement[6]
Measure your blood-oxygen level whenever you feel uncomfortable.

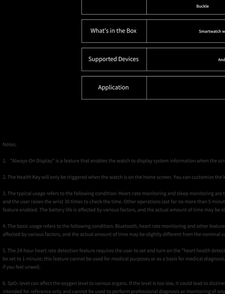
PAI™ Health Assessment System[7]
Converts your health data into an intuitive single value.



90 Sports Modes with 5 ATM water-resistance[4]
90 built-in workout modes cover a variety of activities, with performance evaluations upon completion.

Equipped with GPS and GLONASS
Equipped with GPS and GLONASS positioning systems, the Zepp Z delivers more precise location tracking for you, to review after outdoor sports like running or cycling.

Voice Assistant
The Zepp Z has Alexa Built-in[9] so that you can voice control your day. It also has an offline intelligent voice assistant[10] enabling you to interact with the Zepp Z by voice even when the watch is not connected to your smartphone.



Zepp Z Specifications

Design	Band Colors & Materials	Brown: Leather Band
	Dial Dimensions	45.9 × 45.9 × 10.75mm
	Weight (without band)	Approx. 45g
	Body Materials	TC4 Titanium Alloy, PA + GF Bottom Case
	Buttons	2
	Water-resistance Grade	5 ATM
Display	Materials	AMOLED
	Size	1.39"
	Resolution	454 × 454
	PPI	326
	Brightness	550nits Max
	Color Gamut	100% NTSC
Battery Life	Battery	345mAh (Typical value)
	Charging Method	Magnetic Wireless Charging
	Theoretical Charging Duration	Approx. 2.5 hours
	Typical Usage Scenario Battery Life	15 days
	Basic Usage Scenario Battery Life	30 days
Sensors	Health	BioTracker™ 2 PPG Bio-tracking Optical Sensor
	Body Materials	Geomagnetic Sensor
		Gyroscope Sensor
		Capacitive Sensor
		Air Pressure Sensor
		Accelerometer Sensor
		Ambient Light Sensor
Connection	Bluetooth	Bluetooth 5.0 BLE
Others	Memory	16MB + 256MB
	Positioning	GPS + GLONASS
	Microphone	Yes
	Motor	Linear Motor
Bands	Materials	Leather
	Width	22mm
	Buckle	Classic Pin Buckle
What's in the Box	Smartwatch with Band, Magnetic Wireless Charger, User Manual	
Supported Devices	Android 5.0 and above, iOS 10.0 and above	
Application	Zepp App	

Notes:

1. "Always-On Display" is a feature that enables the watch to display system information when the screen is on and display time when the screen is off. To enable this feature, manually set the AOD mode.

2. The Health Key will only be triggered when the watch is on the home screen. You can customize the key to instantly measure the heart rate, SpO2 or stress level.

3. The typical usage refers to the following condition: Heart rate monitoring and sleep monitoring are turned on, and SpO2 is measured twice a day. Every day, the screen turns on to display 150 messages, and the user raises the wrist 30 times to check the time. Other operations last for no more than 5 minutes each time. The user exercises three times a week, and runs for 30 minutes each time, with the GPS feature enabled. The battery life is affected by various factors, and the actual amount of time may be slightly different from the nominal value.

4. The basic usage refers to the following condition: Bluetooth, heart rate monitoring and other features are turned off. The user raises the wrist to turn on the screen 150 times a day. The battery life is affected by various factors, and the actual amount of time may be slightly different from the nominal value.

5. The 24-hour heart rate detection feature requires the user to set and turn on the "Heart health detection" feature; the 24-hour heart rate monitoring is supported in the app, and the minimum value can be set to 1 minute; this feature cannot be used for medical purposes or as a basis for medical diagnosis. The detection results are provided for reference only. Please consult professional medical institutions if you feel unwell.

6. SpO2 level can affect the oxygen level to various organs. If the level is too low, it could lead to dizziness, headaches, or cardiac arrest. This product is not a medical device. The measurement data is intended for reference only and cannot be used to perform professional diagnosis or monitoring of any medical conditions. Additionally, data accuracy will be affected if the sensor area makes contact with skin that is tattooed, pigmented or deep-toned. To measure SpO2, please keep your arm still.

7. The HUNT Fitness Study indicates that people who maintain a PAI™ score of 100 or higher show lower risk of hypertension, heart disease, and type-2 diabetes. HUNT Fitness Study: This study was conducted by Professor Ulrik Wisloff of the Faculty of Medicine, Norwegian University of Science and Technology. It lasted for more than 35 years and had more than 150,000 participants.

8. According to the GB/T 30106-2013 / ISO 22810:2010 standard, the Zepp Z delivers a water-resistance level of up to 50 meters and has passed testing conducted by the National Watch Quality Supervision and Inspection Center. The report number is SHE150701471501. Do not wear the watch with a leather strap when swimming. When you are going to swim, please change to a fluoroelastomer strap or other suitable type.

9. Currently, Alexa is only available in American English. For more information, please visit: https://support.zepp.com/en/faq/436.

10. Offline voice assistant only supports English voice commands.

Statements:

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